

## **Delivery Bowls and Boxes** **Individual meals for our new normal.**

All meals are one very generous portion, served in a 58 ounce take out container. It's BIG!  
Every meal comes with a bun & butter (or olive oil) and a little dessert,  
eat-ware with a napkin, salt and pepper, all packed in an individual bag.

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After lunch, please set up three bins: compost, recycle and landfill:  
all the plastic boxes and utensils are recyclable,  
the napkins and leftover food is compostable,  
and there's always something for the landfill.

## **Beef**

### **Nanni's Brisket Box**

Nanni's Slow-Roasted Barbequed Brisket with Roasted Potatoes and Buffalo Cauliflower

### **Spaghetti & Meatballs**

Made with Ground Beef on Pasta with Parmesan on the side

### **Seared Asian Flank**

Sliced Medium Flank Steak, Green Beans and Stir-fried Rice

### **Steak Campania**

Grilled Tri-Tip with Caramelized Onions and Peppers, Mashers and the Daily Vegetable

### **Steak Diane**

Pan-seared Steak with Dijon Mushrooms, Roasted Potatoes and Vegetables

### **Thai Steak Salad**

Seared Steak, Green Beans, Tomatoes, Cashews, Cucumbers, Oranges, Greens, Peanut Dressing

### **Brisket Box al Italia**

Slow Roasted Brisket with Tomatoes, Thyme and Bay, Roasted Potatoes and Garlicky Greens

# From the Sea

## Niçoise Salad

Creamy French Dressing, Tuna, Hard Egg, Green Beans, Feta, Pickled Onions, Tomatoes, Greens

## Grilled Maple Pepper Salmon

Served on Brown Rice with Seared Vegetable and Ginger Teriyaki

## Shrimp Scampi

Big Garlicky Shrimp with Peas and Linguini

## Grilled Salmon Salad

Grilled Salmon, Feta, Cucumbers, Pickled Onions, Little Tomatoes, Carrots, Greens

## Shrimp Louie Salad

Seasoned Shrimp, Hard Egg, Tomatoes, Asparagus, Cucumbers, Romaine

# Vegan & Vegetarian

## Beyond Spaghetti & Meatballs

Made with Beyond Meat, on Pasta with Vegan Pesto on the side (Parmesan optional)

SPREAD LOVE

## Fried Tempe Box

Fried Tempe with Maple Mustard, Mac & Cheese (Vegan or not), Coleslaw

## Soul Bowl

Quinoa, Roasted Sweet Potatoes, Black Beans, Pico, Pickled Cabbage, Kale, Peanut Dressing

## Brown Rice & Cheddar Fritters

with Creamy Black Beans and Classic Coleslaw

## Paella

Arborio Rice, Chick-peas, Artichokes, Green Beans and Pickled Cabbage on the side

## Cottage Pie

Lentils, Corn, Peas, Creamy Gravy and Mashers with Pickled Cabbage on the side

## Quinoa & Sweet Potato Fritters

Served with BBQ Mushroom Gravy, Roasted Greens and Black Beans

## Santa Fe Salad with Korean Dave's Tempe

Black Beans, Grilled Gourmet Tempe, Romaine, Cherry Tomatoes, Grilled Corn, Sassy Dressing

## Cauliflower Steak on Rice

with Lentils & Tomato Sauce, Mac & Cheese (Vegan or Not) and Daily Greens

# Poultry

## Fried Chicken Hot Box

Fried Chicken Breast & Thigh with Honey Mustard, Mac and Cheese, and Classic Coleslaw

## Barbecued Chicken Salad

Greens and Grilled Chicken, Tortilla Chips, Carrots, Pinto Beans and Corn with Creamy Dressing

## Chicken Cacciatore

Slow-roasted Thighs with Mushrooms and Carrots on Fettuccini

## Caesar Salad with Chicken

Homemade Croutons and Dressing, Crispy Romaine, and a dusting of Parmesan

## Beijing Chicken Salad

With Carrots, Cabbage and Grilled Chicken with Sesame Dressing

## Chicken Piccata

A Buttery Gravy with Sticky Rice and Roasted Vegetables

## Turkey Meatloaf

Creamy Gravy, the Amazing Corn Sensation, and Daily Greens

SPREAD LOVE

## Chicken and Sausage Paella

A Stand-Alone Meal, with Pickled Cabbage

## Santa Fe Caesar with Grilled Chicken

Fresh Greens, Black Beans, Tomatoes, Corn Chips with a Parmesan-Cheddar Blend

## Turkey Shepherd's Pie

Minced Turkey in Gravy with Peas & Corn, topped with Mashers